



## NUTRITIONAL PANEL

### MINCED BEEF LEAN

(PER 100 g)

AMOUNT	% DAILY VALUE
CALORIES .....	210 CAL
FAT .....	15 g / 22 %
SATURED 6 g .....	34 %
+ TRANS 0,5 g .....	
CHOLESTEROL .....	60 mg
SODIUM .....	65 mg / 3 %
CARBOHYDRATES .....	0 g / 0 %
FIBRE .....	0 g / 0 %
SUGARS .....	0 g
PROTEIN .....	20 g
VITAMIN A .....	0 %
VITAMIN C .....	0 %
CALCIUM .....	0 %
IRON .....	15 %

### MINCED BEEF EXTRA LEAN

(PER 100 g)

AMOUNT	% DAILY VALUE
CALORIES .....	180 CAL
FAT .....	10 g / 15 %
SATURED 6 g .....	20 %
+ TRANS 0,5 g .....	
CHOLESTEROL .....	55 mg
SODIUM .....	65 mg / 3 %
CARBOHYDRATES .....	0 g / 0 %
FIBRE .....	0 g / 0 %
SUGARS .....	0 g
PROTEIN .....	21 g
VITAMIN A .....	0 %
VITAMIN C .....	0 %
CALCIUM .....	0 %
IRON .....	15 %