



NUTRITIONAL PANEL

HORSE MEAT

(PER 100 g)

AMOUNT	% DAILY VALUE
CALORIES	120 CAL
FAT	4 g / 6 %
SATURED 6 g	
+ TRANS 0,5 g	6 %
CHOLESTEROL	55 mg / 18 %
SODIUM	45 mg / 2 %
CARBOHYDRATES	0 g / 0 %
FIBRE	0 g / 0 %
SUGARS	1 g
PROTEIN	21 g
VITAMIN A	2 %
VITAMIN C	0 %
CALCIUM	0 %
IRON	25 %